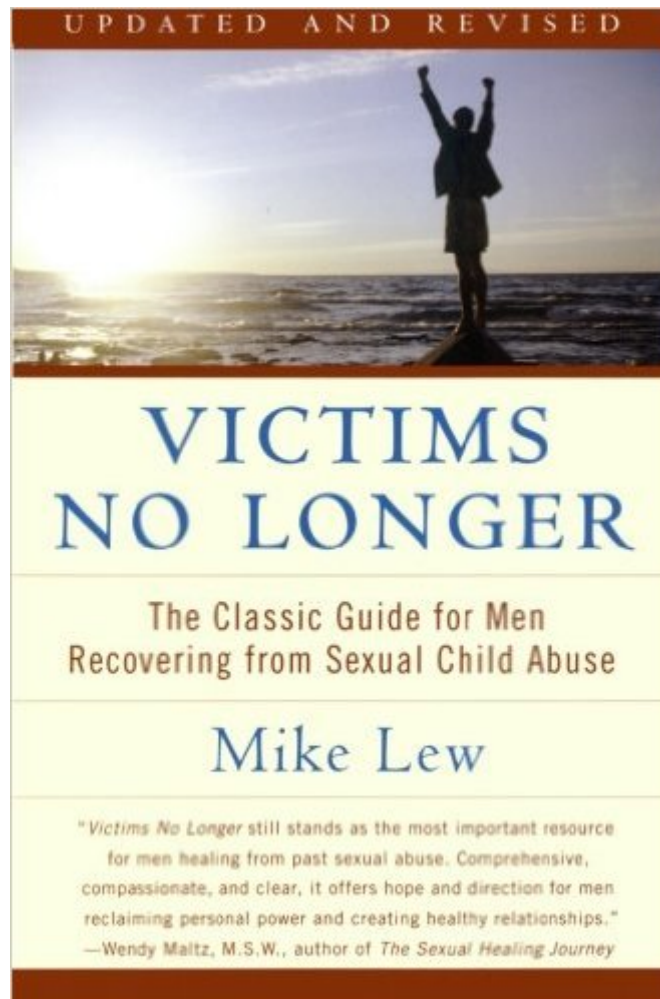


The book was found

# Victims No Longer: The Classic Guide For Men Recovering From Sexual Child Abuse



## Synopsis

For millions of men on the path to recovery, *Victims No Longer* is the next step. The first book written specifically for men, *Victims No Longer* examines the changing cultural attitudes toward male survivors of incest and other sexual trauma. Now, in this Second Edition, this invaluable resource continues to offer compassionate and practical advice, supported by personal anecdotes and statements of male survivors. *Victims No Longer* helps survivors to:

- Identify and validate their childhood experiences
- Explore strategies of survival and healing
- Work through issues such as trust, intimacy, and sexual confusion
- Establish a support network for continued personal recovery
- Make choices that aren't determined by abuse

Psychotherapist Mike Lew has worked with thousands of men and women in their healing from the effects of childhood sexual abuse, rape, physical violence, emotional abuse, and neglect. The development of strategies for recovery from incest and other abuse, particularly for men, has been a major focus of his work as a counselor and group leader. Thoroughly updated and revised, and including an expanded Resources section, *Victims No Longer* educates survivors and professionals about the recovery process -- speaking to the pain, needs, fears, and hopes of the adult male survivor.

## Book Information

Paperback: 464 pages

Publisher: Harper Perennial; 2 Sub edition (May 11, 2004)

Language: English

ISBN-10: 006053026X

ISBN-13: 978-0060530266

Product Dimensions: 6 x 1.2 x 9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars Â Â See all reviews Â (71 customer reviews)

Best Sellers Rank: #72,748 in Books (See Top 100 in Books) #124 in Â Books > Politics & Social Sciences > Politics & Government > Public Affairs & Policy > Social Services & Welfare #136 in Â Books > Self-Help > Abuse #166 in Â Books > Parenting & Relationships > Family Relationships > Conflict Resolution

## Customer Reviews

As an avid reader all my 44 years, I never dreamed a book was a true mystical lifesaver! For years, I was threatened into a prison of silence after surviving multiple acts of abuse & carrying deeply hidden scars. I finally knew I had to deal with my horrific male abuse. Typical book addict, I

searched for anything on male abuse & was shocked with the lack of materials. Writing for years has been a lifeline for me & through my "black blood" I carried my pain, hoping to hear others in the same boat. I finally found Mike Lew's VICTIMS NO LONGER & after several attempts, I finally faced my anxiety & purchased a copy. It came at a time when I was in the darkest depression. I had just lost both my mom & dad, 5 weeks apart in Fall 1998. Along with complicated grief, I again felt wounds reopened with demonic force. (I had finally told my mom & dad when I turned 30 & they were shocked that people they most trusted, some loved, had me as a victim threatened in silence for so many years). I am a "myth breaker" in that I hid even from my loving & protective parents, afraid death threats were real-----I was 8 when it all started... I would be amazed as I truly began my healing journey accompanied by the printed caring voice of Mike Lew! One day I hoped to thank him in person for the infinite lives he has impacted with his literary lifesaving!!! His words reach out---heart & soul... The energy of Mr.Lew is empowering! My recovery has been rough at times & I finally had the courage to attend a Male Survivor conference held at Dawn Manor in the Catskills. I KNOW I would never had attended if I hadn't discovered Mike Lew:):):) The Male Survivor group's awesome power reflects Mike!

The very act of reading "Victims No Longer" validates its title. If you have been a victim of child sexual abuse, it means you have taken the first step in your recovery. If you have not been a sexually abused child, you have delved into a subject with unending ramifications for all of us, providing a reason - rather a need - to examine and reexamine the very humanity of our lives. As author Mike Lew says, "Even the best childhood is no picnic," laden with confusing and conflicting messages uttered by larger and older people whose very physical perspective is beyond the reach of a child. So what happens to the abused child, and the sexually abused, whose very core of trust is shattered? And what happens to the millions of male children, traditionally raised to be stoic and unemotional? Here, in "Victims No Longer," there is a finally a safe "place" - a beacon lighting the way to recovery. With vast knowledge in both psychotherapy and cultural anthropology, Lew brings a multifaceted approach to a subject that sadly crosses every cultural and economic group. Filled with wisdom, and written in an easy, humane style, Lew's book is accessible to both victims and professionals. And the testimonies and focus subjects are heartrending and courageous, providing a counterpoint in style and emotionality. Resisting the pedagogical urge to quantify and qualify, Mike Lew knows that this is a subject that necessitates inclusiveness. Victims should not have to compete for the frequency and duration of their abuse; their abuse alone requires the tenderest care. As Lew says, "The most striking feature about sexual abuse is the similarity of its effects on

adult survivors." And as he repeats throughout, "No one ever died of feeling.

[Download to continue reading...](#)

Victims No Longer: The Classic Guide for Men Recovering from Sexual Child Abuse Counselling  
Skills for Working with Trauma: Healing From Child Sexual Abuse, Sexual Violence and Domestic  
Abuse (Essential Skills for Counselling) Recovering from Sexual Abuse, Addictions, and  
Compulsive Behaviors: &#147;Numb&#148; Survivors Male Victims of Elder Abuse: Their  
Experiences and Needs (Violence and Abuse Series) Daddy Did Wrong: A Story of Sexual Abuse  
(Child Abuse Series Book 1) Childhood Sexual Abuse: Developmental Effects Across The Lifespan  
(Child Abuse) The Courage to Heal Workbook: A Guide for Women and Men Survivors of Child  
Sexual Abuse Locked In: One Girl's EXPLOSIVE TRUE STORY of Child Abuse (Child Abuse True  
Stories) Dear Daddy: The child abuse true story that will break your heart (Child Abuse True  
Stories) Daddy's Wicked Parties: The Most Shocking True Story of Child Abuse Ever Told (Skylark  
Child Abuse True Stories Book 2) Cornered: The Painful True Story of My Child Abuse Hell (Child  
Abuse True Stories) Dirty Little Dog: A Horrifying True Story of Child Abuse, and the Little Girl Who  
Couldn't Tell a Soul. (Skylark Child Abuse True Stories Book 1) STARSTRUCK: The most  
SHOCKING child abuse true story you'll EVER read! (Child Abuse True Stories) The Sexual Healing  
Journey: A Guide for Survivors of Sexual Abuse, 3rd Edition Elder Abuse Prevention and  
Intervention: A Guide to Dealing With Nursing Home Abuse and Other Elderly Abuse Issues Sexual  
Abuse and the Sexual Offender: Common Man or Monster? (Forensic Psychotherapy Monograph  
Series) The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse, 20th  
Anniversary Edition The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse The  
Survivor's Guide to Sex: How to Have an Empowered Sex Life After Child Sexual Abuse How to  
Cure Erectile Dysfunction: Overcoming Erection Problems through Diet, Exercises, and Natural  
Remedies (Men's Health, Impotence, Sexual Health, Natural Cures, Sexual Problems, ED)

[Dmca](#)